



REGAL RACER

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I'm Back

After a great holiday and officiating at the 2010 Australian Championships in Perth I'm glad to be back home with my 'Regal' Family. The new venue in Perth is world class with many personal best times and Commonwealth Games A and B qualifiers achieved. A big congratulations to all athletes who have been selected in the 2010 Commonwealth Games team. I am pleased to announce that 'Regal' member Luke Adams has been selected to represent Australia at his third Commonwealth Games. Well Done Luke, we wish you all the best in your preparation for the Games in October. The list of walkers who have been selected are:

Men's 20km walk: Luke Adams (33, NSW), Chris Erickson (28, Vic), Jared Tallent (25, Vic)

Women's 20km walk: Claire Tallent (28, SA), Cheryl Webb (33, NSW).

Please remember you must join a Senior Athletics Club or have a Dual-Registration with a Little Athletics club to compete at 'Regal' events. If you were registered for summer there is no need to register again, however all winter only athletes can get registered online through the Athletics NSW website www.nswathletics.org.au. Please ensure you include your registration number on your 'Regal' registration form or provide the details to Bob if you have forgotten to do so.

As you are aware 'Regal' is lucky enough to have a number of quality judges associated with our club. If you are a parent and/or athlete who would be interested in becoming a race walking judge please let Ron Crawford know as we would be happy to show you the ropes and organise for you to attend the next race walking judging seminar.

Bob has kindly agreed to do some research into accommodation options in Brisbane for the Racewalking Australia and Athletics Australia Championships which is to be held on Sunday 22nd August. If you are planning to attend please let Bob know so he can make the appropriate inquiries.

Applications are now open for walkers seeking funding from the Alf Robinson Foundation for international competitions. All applications must be made via the Athletics Australia online panel at http://www.clubsonline.com.au/events/index.cfm?fuseaction=display_full&EventID=4075&OrgID=887.

The AA panel briefly explains the Foundation and the funding criteria. This Foundation is a joint initiative between Racewalking Australia and Athletics Australia. You can read more about the Foundation from the following RWA informational link: http://www.rwa.org.au/alf_robinson_foundation.html. Entries close on 28th May.

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Athletics NSW Annual Awards Dinner will be held on 1st May at the Sebel Ballroom, Sebel Parramatta. For further information including how to nominate candidates for the awards and to book tickets please go to the Athletics NSW website.

A reminder to all walkers that the following events are being held over the next few weeks:

Saturday 1st May– ‘Regal’ Club event at Chipping Norton

Saturday 8th May– ‘Regal’ Club event at Five Dock

Saturday 15th May– Regal’ Club event at Narellan

Sunday 23rd May– NSW Teams Championships, Penrith

Saturday 29th May– Regal’ Club event at Georges Hall

Quote of the Week “The good you do today may be quickly forgotten, but the impact of what you do will never disappear” Anonymous.

Vice President

Renée Cassell