

# REGAL PROGRAMME 2011

Events commence Saturday's at 8:30am- Div 1 and Div 2, 9:00am- Div 3 and 9:15am- Div 4

<u>Date</u>	<u>Venue</u>	<u>Div 1</u>	<u>Div 2</u>	<u>Div 3</u>	<u>Div 4</u>
<b>APRIL</b>					
2nd NPS	Georges Hall	10	8	4	1
9th FPS	Tempe	14	10	5	2
16th PS	Leichhardt	16	12	6	3
23rd PS	Chipping Norton	20	14	8	2
30th PSH	Five Dock	10	10	5	2
<b>MAY</b>					
7th PS	Narellan	16	12	6	3
14th PS	Tempe	12	10	5	2
Sunday 22nd	Narellan	NSW Teams Championships			
28th PS	Leichhardt	18	14	8	3
<b>JUNE</b>					
4th* PS	Chipping Norton	12	8	4	2
Sunday 12th	Canberra	Racewalking Australia Carnival			
18th PSH	Five Dock	10	10	5	2
Sunday 26 <sup>th</sup>	Penrith	NSW Short Walks Championships			
<b>JULY</b>					
2nd PS	Georges Hall	20	14	8	3
9th PS	Narellan	16	12	6	2
16th PSH	Tempe	10	10	5	2
Sunday 24th	Narellan	NSW Long Walks Championships			
30th NPS	Leichhardt	Racewalking Australia State Postal Challenge			
<b>AUGUST</b>					
6th NPS	Chipping Norton	Choose Your Own Distance			
13th NPS	Five Dock	Choose Your Own Distance			
Sunday 21st	Canberra	Australian Road Walking Championships and Racewalking Australia Carnival			

Athletes may choose to walk an alternative distance at any Club event

NPS- No Point Score

FPS- Fastest and Long Distance Points Score Only

PS- Point Score (Handicap, Fastest and Long Distance)

PSH- Point Score Handicap Start

DIV- Division

Distances are listed in kilometres

\*Annual General Meeting to be held at the conclusion of the events.