



REGAL RACER

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Winter 10: Issue 1 Saturday 10th April 2010

Welcome to Winter 2010

Welcome one and all to the 2010 'Regal' Winter Season. I am currently on my way to Perth for both a holiday and to officiate at the National Championships so I will miss the opportunity to catch up with everyone for a couple of weeks.

Please find below the dates of this years winter program. Once you have completed registration for 10/11 you will receive a copy of the full winter program which includes details on the distances scheduled for each club event and the full details of the NSW, Australian and Racewalking Australia Championships. The major change from last season is that our Tempe venue is back on the program after construction work has been completed.

- Saturday 10th April– Georges Hall
- Saturday 17th April– Tempe
- Saturday 24th April– Leichhardt
- Saturday 1st May– Chipping Norton
- Saturday 8th May– Five Dock
- Saturday 15th May– Narellan
- Sunday 23rd May– NSW Teams Championships, Penrith
- Saturday 29th May– Georges Hall
- Saturday 5th June– Tempe
- Sunday 13th June– Racewalking Australia Carnival, Canberra
- Saturday 19th June– Narellan
- Sunday 27th June– NSW Short Walks Championships, Narellan
- Saturday 3rd July– Leichhardt
- Saturday 10th July– Narellan
- Saturday 17th July– Tempe
- Saturday 24th July– Five Dock
- Sunday 1st August– NSW Long Walks Championships, Penrith
- Saturday 7th August– Chipping Norton
- Saturday 14th August– Leichhardt
- Sunday 22nd August– Racewalking Australia and Athletics Australia Championships, Gold Coast

Events for Division 1 and 2 commence at 8:30am, Division 3 at 9:00am and Division 4 at 9:15am

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Chipping Norton: Angle Park
Charlton Avenue, Chipping Norton

Leichhardt: Richard Murden Reserve
Hawthorne Parade, Leichhardt

Five Dock: Timbrell Park
Corner Ingham Ave &
Henley Marine Drive, Five Dock

Narellan: Harrington Park Lake
Carpark- George and Charker Drive
Harrington Park

Georges Hall: Garrison Point,
Lake Gillawarna
Beatty Parade, Georges Hall

Tempe: Tempe Recreation Reserve
Holbeach Avenue, Tempe

Please remember you must join a Senior Athletics Club or have a Dual-Registration with a Little Athletics club to compete at 'Regal' events. If you were registered for summer there is no need to register again, however all winter only athletes can get registered online through the Athletics NSW website www.nswathletics.org.au.

For those of you who have been looking for our website, we have a new address. Thanks to Joe and Charlene Ebejer, make sure you check it out at www.regalracewalkersinc.com for regular updates.

Applications are now open for walkers seeking funding from the Alf Robinson Foundation for international competitions. All applications must be made via the Athletics Australia online panel at http://www.clubsonline.com.au/events/index.cfm?fuseaction=display_full&EventID=4075&OrgID=887.

The AA panel briefly explains the Foundation and the funding criteria. This Foundation is a joint initiative between Racewalking Australia and Athletics Australia. You can read more about the Foundation from the following RWA informational link: http://www.rwa.org.au/alf_robinson_foundation.html. Entries close on 28th May.

Athletics NSW Annual Awards Dinner will be held on 1st May at the Sebel Ballroom, Sebel Parramatta. For further information including how to nominate candidates for the awards and to book tickets please go to the Athletics NSW website.

Happy Birthday

A big 'Regal' happy birthday to the following members who are about to celebrate their special day.

Friday 26th March– Ron Crawford

Tuesday 30th March– Vanessa Ebejer

Saturday 3rd April– Andrew Smith– Happy 21st

Wednesday 7th April– Maryanne Shaw

A reminder to all walkers that the following events are being held over the next couple of weeks:

Saturday 17th April– 'Regal' Club event at Tempe

Saturday 24th April– 'Regal' Club event at Leichhardt

Saturday 1st May– 'Regal' Club event at Chipping Norton

Saturday 8th May– 'Regal' Club event at Five Dock

Quote of the Week "Don't judge each day by the harvest you reap, but by the seeds you plant" Robert Louis Stevenson.

Vice President

Renée Cassell with the assistance of Bob Cassell. Thanks Dad :)